

# Creamy Peppered Chicken Pasta

## Ingredients

2 chicken fillets  
1 onion  
frylite  
1 red pepper  
1 yellow pepper  
250g dried pasta  
1 tub tasty foods creamy pepper sauce

## Method

Put a large pan of boiling water on ring for pasta when boiled add pasta

Heat a large non-stick pan and spray with frylite

Slice chicken fillets and cook until slightly browned add onion and sliced peppers

When cooked through add pepper sauce – bring to boil then simmer for 2 minutes

Mix peppered sauce mix with cooked pasta

Dinner is ready !!

*Enjoy your meal*